

Itaga SPA

Spa Treatment Menu

Itaga means "happiness" in Bushman/San language. Itaga Luxury Private Game Lodge is situated on the farm, "Bellaqua" meaning beautiful waters. Although there is no perennial rivers on Bellaqua, the underground streams and borehole water is rich in minerals such as calcium and is both healthy to drink and tastes sweet and refreshing.

Indulge. Explore. Revitalize

Itaga Massage Therapy

TheraNaka African Wood Massage	90 mins	R950
TheraNaka Ginger & Lavender Poultice Massage	90 mins	R950
TheraNaka African Awakening Massage	90 mins	R950
Swedish Massage	30/60 min	R650/R850
Deep Tissue Massage	30/60 min	R700/R900
AromaVine Massage	30/60 min	R600/R700

Itaga Body Treatments

TheraVine Hair and Scalp Treatment	30 min	R500
TheraNaka Body Wrap (Specific Area)	30 min	R550
TheraNaka Body Exfoliation	30 min	R450
Back Treatment	60 min	R650

Itaga Facial Skincare Treatments

TheraVine Appetizer Facial	30 min	R400
TheraNaka Essential Care Facial	60 min	R750

Extra add-on to any massage (15 minutes)

Hot Stone	R200
CBD Infused Oil/Hydrating Shea & Olive Oil	R150
Back Scrub	R200
Foot Massage	R200
Hand Massage	R200
Scalp Massage	R200

Itaga Finishing Touches

TheraNaka African Hand Ritual	30 min	R350
TheraNaka African Foot Ritual	30 min	R350

Extra Add On:

Nail Polish Hands/Feet	15 min	R100
------------------------	--------	------

TheraNaka® THERAVINE™

Spa Etiquette

Here are a few guidelines to ensure guests have the perfect spa experience

Booking an Appointment

Bookings are essential. Please book in advance to secure your appointment.

Arrival Time

Guests are kindly requested to arrive 10 minutes prior to their scheduled time at the Spa. Located next to the Gym. Late arrivals will only receive the remaining available appointment time left and will still be charged the full treatment fee.

Spa Attire

Guests are kindly requested to use their robes from their room. Guests are requested to refrain from nudity during spa treatments.

Jewellery and other belongings

Guests should leave valuables in their rooms. The spa cannot be held responsible for the damage or loss of personal belongings.

Cellphones

To maintain a relaxed and tranquil atmosphere, cell phones must be switched off during your journey at the spa.

Cancellation Policy

We ask that you notify the Manager on Duty should you wish to cancel or reschedule your appointment to avoid a 50% charge for the services. All no-show appointments will be charged in full.

Itaga Luxury Private Game Lodge

Phone/Whatsapp: 071 615 1403

Email: reception@itaga.co.za

www.itaga.co.za